

## **Incontinence Impact Questionnaire**

Name:	Date:	
Occupation:	Age:	

Some men/women find that accidental urine loss and/or prolapsed may affect their activities, relationships and feelings. The questions below refer to areas in your life that may have been influenced or changed by your problem. For each question, check the response that best describes how much your activities, relationships, and feelings are being affected by urine leakage and/or prolapse.

Has urine leakage and/or prolapsed affected your:

1.	•	bility to do household chores (cooking, housecleaning, laundry)					
	Not at all	Slightly	Moderately	Greatly			
2.	. Ability to do usual maintenance or repair work in home or yard						
	Not at all	Slightly	Moderately	Greatly			
3.	Shopping activitie	es					
	Not at all	Slightly	Moderately	Greatly			
4.	Hobbies and past	ime activities					
	Not at all	Slightly	Moderately	Greatly			
5.	Physical recreation	onal activities suc	ch as walking, swimming	, or other exercise			
	Not at all	Slightly	Moderately	Greatly			
6. Entertainment activities such as going to a movie or concerts				erts			
	Not at all	Slightly	Moderately	Greatly			
7.	Ability to travel b	y car or bus for o	listances less than 20 mi	nutes away from home			
	Not at all	Slightly	Moderately	Greatly			
8.	Ability to travel b	y car or bus for o	listances greater than 20	) minutes away from home			
	Not at all	Slightly	Moderately	Greatly			
9. Going to places if you are not sure about available rest rooms							
	Not at all	Slightly	Moderately	Greatly			
10.	). Going on vacation						
	Not at all	Slightly	Moderately	Greatly			



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## PHYSIOCARE PHYSIOTHERAPY AND REHAB CENTRE



In addition, does your problem cause you to experience any of the following feelings

	vousness or a ot at all	nxiety Slightly	Moderately	Greatly
26. Fea N	r ot at all	Slightly	Moderately	Greatly
27. Frus N	stration ot at all	Slightly	Moderately	Greatly
28. Ang N	ger ot at all	Slightly	Moderately	Greatly
29. Dep N	oression ot at all	Slightly	Moderately	Greatly
	barrassment ot at all	Slightly	Moderately	Greatly