

Specialty Clinics

Neurac Therapy Clinic

Neurac Therapy

Neurac Therapy is a treatment method that aims to restore functional and pain-free movement patterns through high levels of neuromuscular stimulation. Its treatment focuses on muscle interaction and the cause of the problems, not just the symptoms.

The Sling suspension exercises can provide faster results for everyone who wants to perform better, prevent injury, avoid pain, or just want to stay active. Using your own body weight as resistance, there are hundreds of suspension exercises available to maximize the use of your training or treatment.

Gunjan Vermani

Director and Registered Physiotherapist

She has been practicing physiotherapy from 2006 and completed her 2 years specialization in Neurological Sciences (University Topper) in 2008. She has been taking many hands-on workshops and courses to continuously enhance her clinical knowledge and skills.

Gunjan is certified in the treatment of urinary incontinence, central pain management, Concussion rehab, Manual therapy level 1, and performs acupuncture and dry needling.

She is also an ADP Authorizer for walkers and wheelchairs apart from assessing and prescribing for orthotics, compression socks and custom bracing.

Clinic Hours

Kanata:

Mondays - 12pm – 3pm

Nepean:

Tuesdays -9am – 2pm

Thursday - 9am – 2pm

Westboro:

Fridays - 2pm – 4pm