

Specialty Clinics

Concussion Rehab Clinic

Concussion Rehab

A concussion is a traumatic brain injury that causes a temporary loss of consciousness. But not all concussions result in a loss of consciousness. Some people may experience a brief loss of consciousness, but they may not remember the events leading up to the injury. However, a loss of consciousness is a sign of a more serious injury.

A concussion can affect speech, judgment, and muscle coordination. It's not uncommon for people to experience memory loss before or after a concussion. It's important to seek medical attention if you experience any of these symptoms.

The brain has a remarkable ability to heal itself. But the brain's ability to heal itself is limited. It's important to seek medical attention if you experience any of these symptoms.

That's why getting the right treatment in the aftermath of a concussion is so important. And you don't get that right treatment at a Physiotherapy & Rehabilitation Clinic in Ottawa and Nepean.

When you have a concussion, you might be dizzy, have a headache, and even feel pain. We understand that, and we can help. We'll create a treatment plan for you to get you back to normal.

Our Concussion & Rehab Clinic uses a multidisciplinary team of experts to provide the most advanced treatment available. We're known as the experts in mild traumatic brain injury.

All our Physiotherapists are Certified in Concussion Treatment.

Clinic Hours

Nepean:

Monday - 7am – 9pm

Tuesday - 7am – 9pm

Wednesday - 7am – 9pm

Thursday - 7am – 9pm

Friday - 7am – 9pm

Saturday - 8am – 1pm

Westboro:

Monday - 2pm – 8pm

Tuesday - 7am – 3pm

Wednesday - 2pm – 8pm

Thursday - 7am – 8pm

Friday - 2pm – 8pm

Kanata:

Monday - 11am – 7pm

Tuesday - 7am – 3pm

Wednesday - 11am – 7pm

Thursday - 7am – 3pm

Friday - 11am – 7pm

Stittsville:

Monday - 8am – 8pm

Wednesday - 8am – 8pm

Friday - 8am – 8pm

Nepean: