

# Locations

## Stittsville

### Stittsville, ON

6150 Hazeldean Rd. Unit C

Stittsville, ON, K2S 2R2

Phone: 613-831-4131

Text: 613-482-4167

Fax: 613-836-1235

Hours:

Mon- 7:00am - 8:00pm

Wed- 7:00am - 8:00pm

Fri- 7:00am - 8:00pm

**At Physiocare Physiotherapy in Stittsville we offer the following services:**

- Deep Oscillation
- Neuro Rehab
- Concussion
- Orthopedic & Sports Injuries
- Acupuncture
- Chinese Cupping
- Women's Health
- TMJ Pain
- Custom Knee Braces
- TCM Acupuncture
- Dry Needling
- Assistive Devices Program

## Our Team - Stittsville



Our Team - Stittsville

## **Vijay Sharma Manager and Registered Physiotherapist**

With his over 12 years of practice in physiotherapy, he has experience in sports injuries, orthopaedic injuries and disorders, Osteoarthritis, Rheumatoid arthritis, Fibromyalgia, autoimmune disorders etc, and various neurological conditions like spinal cord injuries etc.

He completed his ACPAC -Advanced Clinical Practitioner in Arthritis Care certification from University of Toronto in multiple clinics in Ottawa and he was first one to do that from any clinic in Canada.

He is a firm believer in continually updating his skills and is certified in TMJ/jaw pain treatment, arthritic care, Manual rehab, Graston technique, Acupuncture, Dry needling, Chinese traditional Cupping, M2T Blade and Kinesiology Taping.

He is ADP authorized for walkers and wheel chairs and can prescribe custom orthotics, compression socks and custom



Vijay Sharma Manager and Registered Physiotherapist

## **Megan MiddletonRegistered Massage Therapist**

Megan graduated from CDI College and has been a member of the College of Massage Therapists of Ontario for the past 10 years. She has helped people with a variety of injuries and illnesses including pain management, stress and anxiety reduction, circulation, and promoting overall health and well being. Massage can be preventative or restorative, helping to maintain, rehabilitate, and not helping her clients, Megan enjoys spending time with her family, and the outdoors.



Megan Middleton Registered Massage Therapist

# **Jennifer LeeMassage Therapist**

coming soon



Jennifer Lee Massage Therapist



# Kharndeeep DhugaReception

coming soon



## **Vijay Sharma**

With his over 12 years of practice in physiotherapy, he has experience in sports injuries, orthopaedic injuries and disorders. Osteoarthritis, Rheumatoid arthritis, Fibromyalgia, autoimmune disorders etc, and various neurological conditions like spinal cord injuries etc. He completed his ACPAC -Advanced Clinical Practitioner in Arthritis Care certification from practicing and managing ...



## **Megan Middleton**

Megan graduated from CDI College and has been a member of the College of Massage Therapists of Ontario for the past 10 years. She has helped people with a variety of injuries and illnesses including pain management, stress and anxiety reduction, circulation, and promoting overall health and well being. Massage can be preventative or restorative, helping to maintain, rehabilitate, or not helping her clients, Me...



Megan Middleton

# Jennifer Lee

coming soon



Jennifer Lee



# **Kharndeeep Dhuga**

coming soon