

Locations

Ottawa

Carling Ave – Ottawa, ON

1400 Carling Ave
Lower Level of Embassy West Seniors Living
Ottawa, ON, K1Z 7L8
Phone: 613-800-9170
Text Our Front Desk: (613) 909-9979

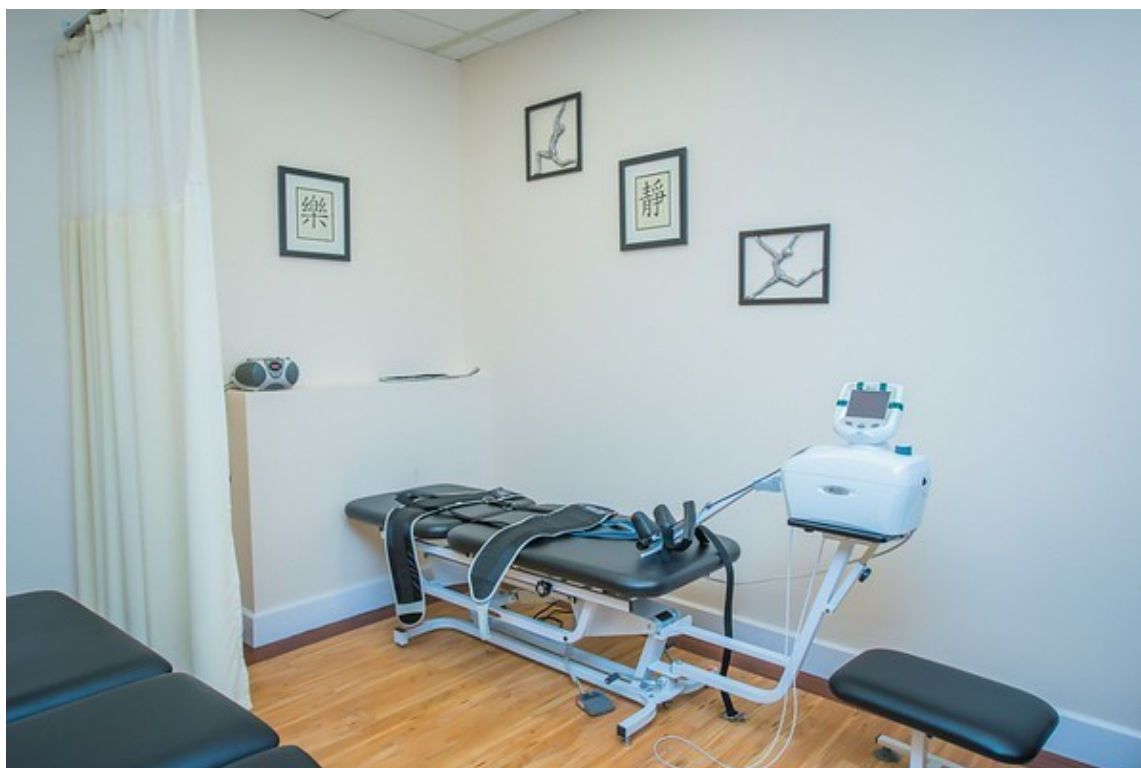
Hours:

Mon- 8:00am - 7:00pm
Tues- 8:00am - 5:00pm
Wed- 8:00am - 7:00pm
Thur- 8:00am - 7:00pm
Fri- 8:00am - 5:00pm







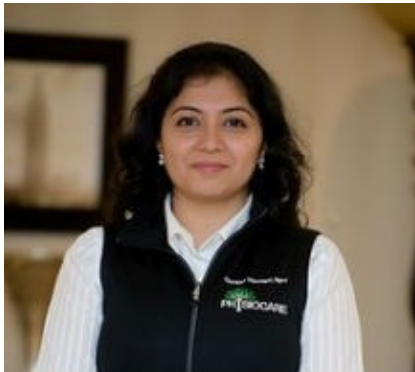


At Physiocare Physiotherapy in Ottawa we offer the following services :

- Deep Oscillation
- Neuro Rehab

- Concussion
- Orthopedic & Sports Injuries
- Acupuncture
- Chinese Cupping
- Women's Health
- TMJ Pain
- Custom Knee Braces
- TCM Acupuncture
- Dry Needling
- Assistive Devices Program

Our Team - Ottawa



Gunjan Vermani Director and Registered Physiotherapist

She has been practicing physiotherapy from 2006 and completed her 2 years specialization in Neurological Sciences (University Topper) in 2008. She has been taking many hands-on workshops and courses to continuously enhance her clinical knowledge and skills.

Gunjan is certified in the treatment of urinary incontinence, central pain management, Concussion rehab, Manual therapy level 1, and performs acupuncture and dry needling.

She is also an ADP Authorizer for walkers and wheelchairs apart from assessing and prescribing for orthotics, compression socks and custom bracing.



Amit Kumar Registered Physiotherapist

Graduated from Institute of Applied Medicine and Research from India in 2010 with his Bachelor in Physiotherapy. Since then practiced in a busy Neuro-Pediatric set up along with Occupational Therapists, Speech Therapists & Special Educators. Along side ran two clinics in Delhi dealing with Orthopedic patients. Awarded as the therapist of the year in 2015 at Genesis Global School, Noida, India.

Moved to Ottawa in 2016. Since then working with the senior groups in different retirement homes in the Ottawa area. Believes in lifelong learning process and considers his patients as the mentors who teach him something new everyday. Strong skills in Soft tissue release, joint manipulation, neuro rehabilitation, post surgical orthopedic cases.

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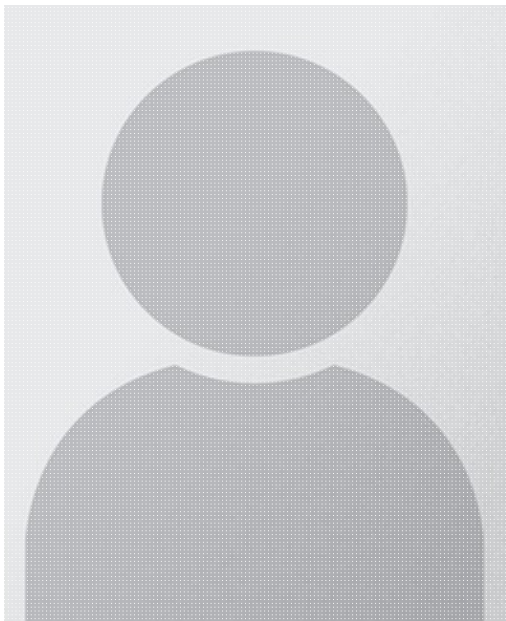
Zoe Kung TCM Acupuncturist

We are proud to introduce to you, the latest addition to our team. Hsiang Lan KUNG (Zoe) is a Medical Acupuncturist who has received qualified TCM & Acupuncture courses and clinical practice training at the TCM School in BC and currently hold the license of R.Ac. and R.TCM.P. in Ontario with CTCMPAO & in BC with CTCMA. Not only does she have many years of experiences training and learning from R.TCM. P. YANG Sheng-Ming in Vancouver who is a disciple of famous Beijing TCM & Acupuncture professors (YU Ying-Ao & WU Xi-Jing) in Chinaâ s Academy of Chinese Medical Sciences; but she also has independent clinical experience for several years afterwards. Her patients are multi-culture; thus she can speak English, Cantonese, Mandarin, Taiwanese to communicate with them.



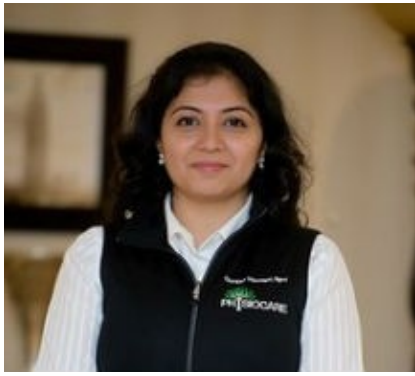
Lindsay StrotmannPTA

Lindsay Graduated from Algonquin College Physiotherapy/Occupational Therapy Assistant Program in 2016. Since then she has been working with the aging population focusing on exercise to help improve quality of life. She enjoys being active and believes in the importance of exercise throughout your life. She was born and raised in Ottawa, grew up always playing sports and being outside. When not at work she enjoys cooking, playing video games, and being with family.



Susan ShieldsPTA

coming soon



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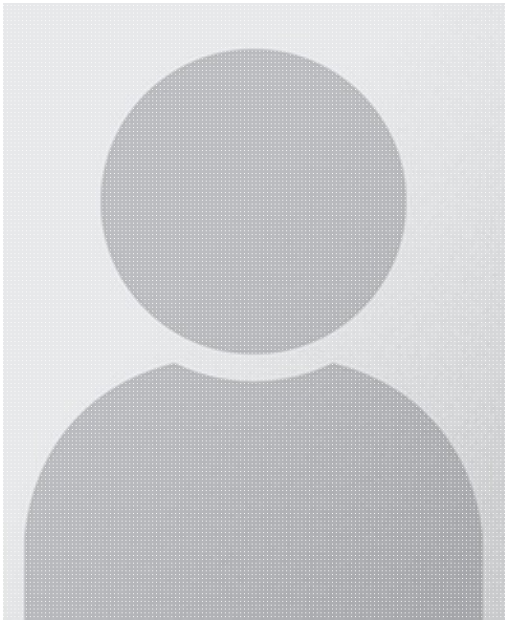
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